Robert O. Young reveals the power of alkaline herbs in preventing and treating cancer

05/04/2025 // Ramon Tomey // **200** Views

Tags: alkaline herbs, alternative medicine, anticancer, cancer solutions, cancer stem cells, Chemotherapy, Cures, goodcancer, goodhealth, goodmedicine, healing, herbal medicine, Herbs, natural cures, natural health, natural medicine, prevent cancer, radiation, remedies, Robert O. Young

- Robert O. Young's "The Use of Alkaline Herbs in the Prevention and Treatment of Any Cancerous Condition" suggests alkaline herbs can prevent and treat cancer by neutralizing acidic conditions linked to tumor growth.

- Examples include garlic, cayenne pepper and turmeric, which combat carcinogens and slow cancer progression. Alkalinizing the body may disrupt cancer cell cycles and induce apoptosis (programmed cell death).

- Studies show herbs like bloodroot (topical tumors), feverfew (leukemia) and wheatgrass (tissue repair) have demonstrable anti-cancer effects.

- Natural herbs often target cancer stem cells – key to preventing relapse – while chemotherapy/radiation may miss them. Fewer side effects compared to aggressive conventional therapies.

- While promising, these remedies should complement (not replace) standard treatments under medical supervision. Ongoing research underscores their potential as future cornerstones in cancer care.

Robert O. Young's book "The Use of Alkaline Herbs in the Prevention and Treatment of Any Cancerous Condition" delves into the potential of natural remedies in combating cancer, a disease that remains one of the greatest health challenges of our time.

The book highlights how certain herbs, with their alkaline properties, may not only help prevent cancer but also play a role in its treatment. Prevention is a cornerstone of cancer defense, with organizations like the American Cancer Society advocating for a diet rich in fruits and vegetables alongside maintaining a healthy weight. However, Young's work suggests that specific herbs could enhance these protective measures and even reverse cancerous conditions.

Garlic (*Allium sativum*), for instance, has been shown to lower cancer risks – particularly in the digestive system – by neutralizing carcinogens or inhibiting cancer cell growth. Similarly, cayenne pepper (*Capsicum annuum*) – known for its heat – acts as a potent antioxidant and vasodilator, counteracting acidic conditions that may lead to cancer.

Milk thistle (*Silybum marianum*) emerges as a crucial herb for liver health, detoxifying harmful acids that could otherwise contribute to tumor formation. Turmeric (*Curcuma longa*), with its active compound curcumin, has demonstrated the ability to slow cancer progression in lab studies.

Bloodroot (*Sanguinaria canadensis*) has been used effectively to shrink tumors, particularly in topical applications like black salve. Feverfew (*Tanacetum parthenium*) has shown promise in targeting leukemia cells, sometimes surpassing conventional treatments in efficacy.

Butcher's broom (*Ruscus aculeatus*) has has been found to reduce tumors and boost immune defenses, thanks to ruscogenins in the herb. Meanwhile, sheep's sorrel (*Rumex acetosella*) helps repair tissues damaged by cancer treatments.

Ginger (*Zingiber officinale*) has gained attention for its remarkable anti-cancer properties. Research suggests that a compound in ginger, 6-shogaol, could be significantly more effective than chemotherapy in targeting cancer stem cells—the root cause of tumor recurrence. Unlike conventional treatments that often fail to eliminate these resilient cells, natural compounds like those in ginger disrupt cancer cell cycles and induce apoptosis, offering a more comprehensive approach.

Wheatgrass stands out for its broad benefits, improving overall health and aiding chemotherapy patients by purifying blood and enhancing cell repair. The Chinese herb

Astragalus strengthens immunity, enabling the body to better identify and destroy cancer cells – with studies indicating it may double survival rates in cancer patients.

Cannabis also plays a notable role in cancer research, particularly as medical marijuana gains legal recognition. Cannabinoids, its active components, have been shown to reduce cancer cell growth and bolster the immune system. Studies highlight their effectiveness against various cancers, including brain, breast, lung and pancreatic cancer, reinforcing their therapeutic potential.

The science behind these herbs underscores a critical shift in cancer treatment paradigms. While traditional methods like chemotherapy and radiation focus on shrinking tumors, they often miss cancer stem cells, leading to relapse. Natural compounds, however, exhibit a unique ability to target these cells, offering a more sustainable solution.

In summary, Young's book presents a compelling case for the integration of alkaline herbs into cancer prevention and treatment strategies. These natural remedies, backed by both traditional use and modern research, provide a promising alternative or complementary approach to conventional therapies.

However, consulting healthcare professionals before adopting any new regimen remains essential. The potential of these herbs is vast, and as research continues, they may well become a cornerstone in the fight against cancer.

Watch this video about Robert O. Young's book "The Use of Alkaline Herbs in the Prevention and Treatment of Any Cancerous Condition."

BrightLearn - The Use of Alkaline Herbs in the Prevention and Treatment of Any Cancerous Condi

This video is from the BrightLearn channel on *Brighteon.com*.

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